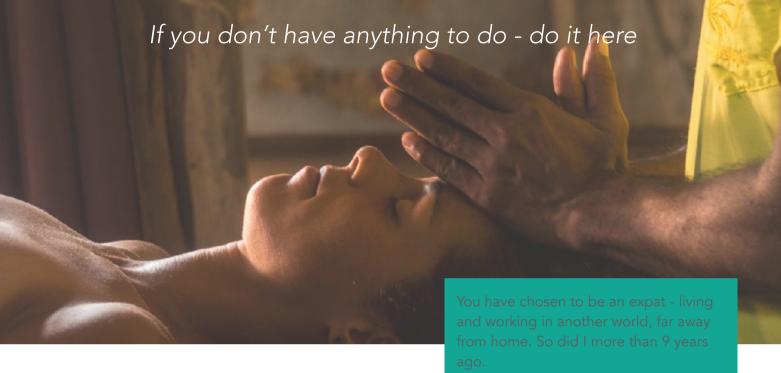
VALUE TIME IN SRLI ANKA





Travel offer 1 (Nothing to do)

From 280 \$ p.p. incl. breakfast / week



Travel offer 2 (The sound of silence)

From 719 \$ p.p. incl. FB / week



Travel offer 3 (enjoy with a group of friends, colleagues or family)

Book our entire place exclusively and get some benefits

# **GLAMPING**

the current holiday trend combines the proximity of nature of camping with the luxury of a hotel including bath, spa, and sports facilities.

At Jungle Beach Camp
Ahungalla we offer our guests
a 5-star accommodation in
Glamping bungalows for 1 to 6
people with private bathroom,
minibar and safe. Fresh sheets,
cozy pillows, bath and beach
towels along with Ayurvedic
toiletries are available for you.

Here you can relax and unwind.



All bungalows are furnished to suit our residents:

Couples live comfortably with double bed and living area including sofa,



All information and bookings please here....

Families will find comfortable accommodation with double bed and additional single beds.

A baby cot is also available.

For a group of friends we will equip your bungalow with single beds.

Of course, we can also prepare vegetarian, vegan or gluten-free meals for you.

For your relaxation our spa is open from 8am to 7pm. Water sports can be enjoyed from dawn to sunset. There is also a beach volleyball court, table tennis, card games, board games and much more for your enjoyment to disposal.

We welcome you in our little paradise

http://junglebeachahungalla.com junglebeachahungalla@gmail.com +94 775959406

#### Travel offer 1 (Nothing to do)

- \* Accommodation in one of our Glamping Tents or Deluxe Bungalow
- Just book your room with breakfast and go with the flow

Family room 126 USD per day (up to 6 pax)

Double room 99 USD per day

Single room 80 USD per day



### Travel offer 2 (The sound of silence)

- \* Accommodation in one of our Glamping Bungalows
- \* Full Board
- \* one palm reading & personal coaching session
- \* one hour Yoga daily
- \* one hour Massage daily
- \* one mindfulness workshop during the stay
- \* one Ayurveda Doctor Consultation during the stay

Family room 1.734 USD/week (2 adults, 2 kids under 6) Double room 1.438 USD/week Single room 1.039 USD/week

# Travel offer 3 (enjoy with a group of friends, colleagues or family)

- \* Book all of our three Glamping Tents and the Deluxe
  Bungalow exclusively for your group
- \* Create your own package, we are always there to assist in finding the right options for you
- \* Add Beachvolleyball, Fishing Tours, Adventure,
   Surfing, Boogie Boarding and much more

Get 10% discount for the full package



#### YOGA

Clean and purify your body and mind in a magical calm and natural environment. Encircled by the sound of stillness, together with like-minded people with or without yoga-experience, detached from daily life.

A good mixture of healthy organic vegetarian food, asanas (body exercises), pranayama (breathing exercises) and meditation creates ideal conditions for self-communion as well as an opening for new perspectives of life.

Relaxed alertness, clarity and inner peace will appear very fast. Get inspired and bring your experiences into your daily life.

It's adapted for beginners and experts. Yoga teacher Nuwan combines in a fancy way classic as well as exceeding yoga positions focusing on perfect posture and awareness.

#### **MINDFULNESS**

Mindfulness meditation involves the process of developing the skill of bringing your attention to whatever is happening in the present moment. There are several meditation exercises designed to develop mindfulness meditation.

## **OUR SPECIALITIES**

Feel free to use as much of our offers as you like.

We are proud of our network of professionals

#### PALM READING & PERSONAL COACHING

It's easy to forget who we are, what our nature is, where we come from and all that we can be. Sometimes we need just a little reminder.

You like to develop your life in a deep, spiritual level, find clarity and truth, identify challenges or solving problems in your life? We are pleased to help you in a personal session. A mixture of palm, feet reading and spiritual teaching will help you to find out who you are and solve problems at their source.

Don't dwell in the past or dream of the future. Find your passion and take action. The next moment in your life is not more important than this moment right now. Do today what you dream of later, and understand that your past actions were meant to occur so that you can learn and grow. So let them go, let them be and appreciate all that you have right now.









#### **SHOKMON**

Shokmon is a spiritual master from Sri Lanka. Since his early teenage years, he has unique abilities to access universal knowing.

The focus of his sessions and workshops is to pass this knowledge and support the integration into each individuals plan of life. His holistic style of coaching is a simple and successful way to reach freedom, relaxing into the nature of precious human being and finding yourselves in a constant state of bliss.

He receives the very individual information through palm reading and gives valuable access to a personal and allencompassing development.

#### **NUWAN**

Nuwan has many years of experience in teaching and practicing Hatha Yoga as well as Ayurveda therapy.

His authentic appearance gives you immediately a feeling of being in good hands.

He practices Yoga Therapy and in many cases of physical blockages or pain, even chronically, he is able to help in releasing it for the moment and shows you ways to avoid, getting it back.

We are very happy to know him in our team.

A little tipp... his Chakra Massages are a very special experience. You should not miss it!



#### DR. WIJERATNE

Dr. Wijeratne is another genius I have met here in Sri Lanka.

He combines the traditional way of Ayurveda with the wisdom of the old Sri Lankan healing system, which has been given to him from his ancestors over many generations.

Further he has been given a very special gift to be able to feel the energy flow of the nadi system (energy lines of the body). So he can find energetic blockages just by feeling your pulse.

In Ayurveda it's all about balancing body energies and release blockages.

In combination with yoga exercises a perfect way to keep your body and mind healthy and young.